



Step up, Stand up, Speak up, Sign up... The Spears Oratory Prize for 16-18 year olds

The Sovereign Minds SPEAR Oratory Prize is a prestigious competition that gives 16–18 years olds a platform and a voice to set their sights on global issues – whilst showcasing their own passion, intelligence and ability to find answers to the difficult challenges that young people face today.

Through compelling speeches, participants spotlight the world's most pressing issues, from the climate crisis to quality education, inspired by the ten SPEAR target subjects.

The winner will be awarded the £10,000 Sovereign Minds SPEAR Oratory Prize

Who are Sovereign Minds?

We are a UK-based educational initiative that works with young people to nurture their skills, mindfulness, curiosity, critical thinking and independence – helping participants to succeed in both their careers and also their roles as responsible global citizens.





Choose a *SPEAR* topic and take aim at something you really care about

Entrants should take a close look at our ten *SPEAR* targets and connect their passion with purpose by asking themselves, what really matters to me?

By choosing a topic they care deeply about, every entrant can deepen their understanding of global issues and develop a sense of responsibility as global citizens.

The SPEAR targets

- 1. End poverty
- 2. Improve health
- 3. Education for all
- 4. Eliminate hunger
 - 5. Future of work
- 6. Protect our planet
- 7. Peace and justice
- 8. Equality everywhere
- 9. Global cooperation
- 10. Responsible consumption













Why should young people enter?

Take part in shaping change on global challenges to ensure that young voices are heard on the issues that matter most.

Develop self-confidence, critical thinking, persuasive communication and leadership skills.

Become college and career ready by standing out in university applications, interviews, and public roles with a proven track record of advocacy and public speaking.

Gain mentorship and feedback from expert judges in education, activism, and communication.

Gain national recognition as finalists, be featured in the national media and awarded prestigious certificates and trophies – and the winner will receive £10,000.

Who can enter?

Anyone who is 16–18 years old and based in the UK.



Competition structure

Round 1 – Qualifiers

Saturday 31st January 2026 Four London schools (North, South, East and West)

Speech length: 2–3 minutes

Round 2 - Quarter-finals Saturday 14th February 2026 The Naval and Military Club

Speech length: 5 minutes

Round 3 – Semi-finals Saturday 28th February 2026 Houses of Parliament

Speech length: 7 minutes

Round 4 - Finals Saturday 14th March 2026 Church House, Westminster

Speech length: 10 minutes

Open to all

Although there is no cost to enter, young speakers who step onto our stage will enjoy a truly priceless experience.

Speech guidelines

Theme

Entrants must focus on one of the *SPEAR* targets and have the option to choose a different speech target as they progress.

Speech format

Solo – no group entries, slides, cue cards, reading or props allowed. Language English.

Tone

Persuasive, informative, or motivational.

Originality

All speeches must be your own words and work.

Tips for a compelling speech

Choose a theme that deeply resonates with you

Start with a strong idea to grab attention

Great speeches tell great stories

Seek **originality** with a fresh perspective

Underpin your story with facts and evidence

End with a solution or action

Refine your delivery, poise and performance levels

Practice, practice, practice to make perfect

How to register

Registration opens: 25th September 2026 Registration closes: 5th January 2026

For Entrants

Sign up at thespears.org.uk

Share the link with your friends

Begin practicing for your first round speech

Post your progress on your social media

using hashtag #TheSpears

For Teachers

Share thespears.org.uk with your students and colleagues – encourage them to get involved Request a poster pack for your school walls Sign up to become a judge yourself

Prizes and recognition

Win a national champion trophy
Receive a school recognition plaque
Certificates provided for all participants
National media features and speaker spotlights
An opportunity to join the Sovereign Minds
Personal and Professional Masterclass

Partner with us

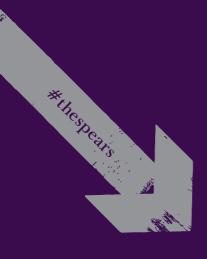
We're looking for *SPEAR* judges, partners and collaborators across the UK to lead local involvement, promote the competition and help amplify young voices.

Reach out to info@thespears.org.uk to learn more.

Contact us

The Sovereign Minds SPEAR Team
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thespears.org.uk







STEP UP STAND UP SPEAK UP SIGN UP

thespears.org.uk

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